



Welcome to the healthcare  
tool you never knew you  
were missing.



# TEAM is now your complete healthcare partner.



You and your family can now turn to us for any health diagnosis, concern, or goal, and we will jump into action on your behalf—whatever your situation calls for. It's simple, dependable high-quality support FREE as part of your existing benefit.

## We now offer

### **Patient Advocacy for healthcare needs:**

This service is a spectrum of options to help keep you healthy or respond to a medical condition:

- Helping you understand your current medical conditions
- Helping you find high-quality health care providers
- Advice on getting you the best care for your existing medical conditions
- Coordination of care for a medical diagnoses
- Coordination of care for orthopedic conditions pre- and post-surgical
- Nutrition planning & weight management
- Assistance in the second opinion process
- Help in simplifying the referral process

## We continue to offer

### **Employee Assistance Plan services:**

Short term, face-to-face or telehealth counseling sessions FREE to you and eligible family members to solve personal problems and work place issues that affect your ability to work safely and effectively.

- Alcohol or Drug Problems
- Depression/Anxiety
- Behavioral Concerns
- Relationship Challenges
- Family/Parenting Issues
- Grief and Loss
- Stress Management
- Job-Related Difficulties
- Legal and Financial Problems

800.634.7710

[startwithteam.com](http://startwithteam.com)



All services are confidential



24/7 phone assistance